

# Park and St Peter's Post

FRIENDSHIP & KINDNESS | PATIENCE | INDEPENDENCE | HONESTY | BRAVERY | CURIOSITY  
FRIENDSHIP | RESPECT | PERSEVERANCE | FORGIVENESS | COMPASSION | HOPE

‘Let Your Light Shine’ Matthew 5.16



## Children's Mental Health Week 2024....

This week in both schools we have embraced Children's Mental Health Week. The schools work hard very day and every week to help give a voice to our children and young people, but it does us no harm at all to have a joined up focus and really raise the profile of Children's Mental Health Week, from 5-11 February 2024.

Children's Mental Health Week is a mental health awareness week that empowers, equips and gives a voice to all children and young people in the UK.



Everyone can take part in Children's Mental Health Week! Download our free resources for [schools](#) and [families](#) and find out how you can [take part](#) to raise vital funds and awareness for children's mental health. Children's Mental Health Week was launched in 2015 and each year, hundreds of schools, children, parents and carers take part. Now in its 10th year, the theme is 'My Voice Matters'.



There have been a huge range of activities in both schools with class teachers designing different activities, giving children opportunities to practise mindfulness,



revisiting our Zones of Regulation and most importantly discuss!  
Its good to talk!



**My Voice Matters** is about empowering children and young people by providing them with the tools they need to express themselves.

When we feel empowered, this can have a positive impact on our wellbeing. Children and young people who feel that their voices are heard and can make a difference have a greater sense of community and self-esteem. This year, we want children of all ages, backgrounds and abilities to be empowered to work together to create a positive change for their mental health and wellbeing.

**During Children's Mental Health Week we want all children and young people, whoever they are, and wherever they are in the world, to be able to say – and believe - "My Voice Matters".**

There are far too many activities and lessons to mention-but some of the highlights have been our brothers and sisters in Manor School next door having time with Harry Kane, England men's football captain as he provided vital mental health learning through his foundation and Bounce Forward.

[Bounce Forward & Harry Kane Foundation: on a mission to transform how we think about mental health - Bounce Forward](#)



In Park we....



Leant about mediation and used Tibetan Singing bowls and Tingshas!



We made "Worry Dolls", we know that we can share our worries with a trusted adult, friends, and our worry dolls! **My Voice Matters!**



We made glitter bottle in EYFS that show how we feel when we are all shook up! If we are calm, then the bottle are calm too!



Lots of our children practiced yoga and meditation throughout the week. In both schools! It's great to ground yourself and remember that in these busy weeks, it is also important to be still and calm!

A big thank you to all our teachers for their efforts and creativity in bringing Children's Mental Health Week to life and for making it so relevant to our young people. It really raised the profile of mental health in our schools and gave us great opportunity for us to talk about things. A problem shared is a problem halved.

It is so important to have everyone on board with this.

Parents, teachers, staff, carers, families and our children, mental health is everyone's responsibility. Help our children to find their voice and speak up if they need support!

Please check out our social media posts from this week for more on mental health week-including Manor School on Newsround and Harry Kane chatting to our brothers and sisters in Manor! We even made the BBC news!

Our Deputy CEO **Matt Coleman** and our Nene Education Trust mental health lead, **Amy Bradshaw** were on BBC radio this week sharing our Trust wide

approach to supporting mental health-its been a really wonderful week and one that we will all remember! We are all super proud to be part of our NET family!

## Internet Safety Day...

On Tuesday this week it was internet safety day!

At some point on Tuesday or during this week your child will be had specific lessons to support staying safe on line. Each child came home with a green wristband

The green wristband is to alert parents! Knowing what your children are doing and saying on line is so important. Supporting them to make sensible and safe decisions-to say the right things and use language appropriate is critical.

Our young internet explorers are getting younger, there is more access to more content and more responsibility on families to support our children and keep them safe.

On the green wristband there is a QR code that will take parents and families to a specially created web page.

Wristbands with a QR code for parents have been distributed to all our pupils, in both schools. The QR code takes parents to a wealth of resources to support safer internet use.

We hope you find the information useful in supporting your children at home!



## The whole child project starts again...

Tuesday in St Peters and Wednesday at Park, the wonderful staff from Silhouette Youth theatre came in and started their fabulous work with our students. At St Peter's they worked with some year 6 students and in Park, some year 2's! The



Silhouette team are immense at enabling our children to be super creative-the summer productions are always of such a high standard and we are so lucky to be involved in the project again this year!

### Park:

Year 2 launched this year's Whole Child Project with a writing day!

This year, the children will be writing their own script to perform, so they spent the morning playing storytelling games, making stories more exciting and writing and drawing their stories!



### St Peter's:

A group of year 6 children have been working with @SilhouetteYtc on the 'Whole Child' project preparing a script that will be performed in the summer. Their attitudes and efforts throughout the day of writing were brilliant. Amazing work from everyone.

The Silhouette Youth Theatre is based inside the Weston Favell shopping centre, Northampton and was set up to give young people a voice. The work they do in theatres and schools is second to none. They provide truly outstanding opportunities for young people to act, dance, sing, write, perform and express themselves. They have been responsible for some of the most amazing creative experiences and theatre shows and have a successful number of Alumni that have started work professionally and are working alongside the Royal Shakespeare Company. Silhouette are always looking for new talent and if this is something that might inspire your child-them please get in touch with them...

[SILHOUETTE YOUTH THEATRE -  
ACCESSIBLE. AFFORDABLE.  
OPPORTUNITIES FOR ALL. \(silyt.com\)](https://www.silyt.com)

There is a Silhouette open day coming up...





invites YOU to our

**OPEN DAY**

**SATURDAY 17TH  
FEBRUARY 2024**

Please fill in this form to  
**confirm your attendance**

<https://silyt.membermeister.com/register>

Silhouette Youth Theatre  
Weston Favell Shopping Centre  
Northampton, NN3 8JZ

participate in the survey do so to help us start to understand the impact of the COVID-19 pandemic on children's dental health.

Community Dental Services will carry out the dental examinations in Raunds Park Infant School following government advice that aligns with national guidance for schools and infection prevention and control measures.

The dental practitioners use a plastic mirror to check the teeth and record what they see. They will only see those children with consent from their parents/guardians. Everything that will be reordered is confidential and will not identify any children that have taken part in the survey.

Once we have checked the children's teeth the team will hand out letters to the school team to hand out to the parents informing them of how their child's teeth check went and whether they need take further action. The children will also get a sticker at the end of their examination.

Our date is the **13<sup>th</sup> February** for anyone who is five or over in the school. Permission letters will be sent to you- watch out for more information coming soon!



## Thank a Teacher website....!

Did you know that there is a website where you can send a thank you card to one of our team? **It could be a teacher, TA, Principal, Vice Principal, Whole School, Team, Support Staff or anyone that you feel deserves recognition.**

It's really simple - and could make someone's week! It may be easier to use our postcode when selecting the school's name as it is a nationwide initiative and there may be other schools with the same name.

Just follow this link and in a few clicks, you can register your appreciation for their efforts.

[Thank a Teacher Form - Thank a Teacher](#)

## Reminder-Park Tooth Fairy....!

Community Dental Services have been contracted by North Northamptonshire County Council to carry out the National 5-year-old dental survey this year and next year. We have to carry out this survey on behalf of Public Health England every 2 years.

This year it is more important than ever that schools and children selected to



# Courageous Advocacy and Brilliant Batteries....!

As you know the ST Peter's ECO club have been collecting used batteries. When batteries are not properly disposed of, they can cause significant damage to the environment. Over time, the chemicals and heavy metals in the batteries can leak out and contaminate the soil and water. This can harm plants, animals, and humans who depend on these natural resources.

By recycling batteries, we can prevent these harmful substances from polluting the environment. Recycling centres use specialised equipment to safely and efficiently extract the metals and chemicals from the batteries, reducing the risk of pollution and protecting the environment for future generations.

The Eco Club have been hard at it!

We've now collected 1115 batteries for the Big Battery Hunt! That's Amazing!

All being led by our pioneers for change!  
All being led by our courageous advocates-inspiring others to think about the environment and put others first!

Well done Mrs Luker and the team!



## Next week's dates...

W/B 12.2.24

### Monday:

**St Peter's:** Collective worship

**Park:** 3.15-4.30 Multi skills club

### Tuesday:

**Park:** 1.00pm dental health check for the identified children

### Wednesday:

**St Peter's** year 4 walk to the church

**St Peter's:** Piano lessons

**Park:** 3.15-4.30 Multi skills club

### Thursday:

**Park:** Afternoon Assembly

### Friday:

**Park** Values VIP and Values Heroes Assembly,

**St Peter's:** End of term achievement assembly

10am 3/4

11am 5/6

Celebration Collective Worship



## Attendance...

(National average is 94%)

Park	
All students	93.5%
Eagles	93.4%
Kingfishers	97.1%
Sparrows	86.7%
Puffins	95.8%
Red Kites	97.2%
Robins	98.7%
St Peter's	
All Students	96%
St George	99%
St Christopher	98%
St Martha	97%
St Andrew	95%
St Mary	95%
St Cecilia	95%
St David	95%
St Patrick	95%

## This week's messages....



### NTFC CT WEETABIX WILDCATS

Are you looking for a fun way for girls 5-11 to get involved with football?

Then look no further! Weetabix Wildcats is the place to be, meet new friends & improve your football.

Starting Thursday 11th January 5:00pm - 6:00pm (£3)

Redwell Leisure Centre  
Barnwell Road  
Wellingborough, NN8 5LP

For more info please contact  
Scott.Loughran@ntfc.co.uk



### NTFC CT WEETABIX WILDCATS

Are you looking for a fun way for girls 5-11 to get involved with football?

Then look no further! Weetabix Wildcats is the place to be, meet new friends & improve your football.

Starting Monday 15th January 5:00pm - 6:00pm

Community Mini-Pitch  
Sixfields Stadium  
Northampton, NN5 5QA

For more info please contact  
Scott.Loughran@ntfc.co.uk



### NTFC GIRLS SKILLS CENTRES


Is your child aged 7-15 & wanting to improve their game outside of their current football?

Sessions are just £5.50 per week run by our qualified and experienced coaches!

Every Monday Night  
7:00pm - 8:00pm  
at Northampton High School


To sign up scan the QR Code  
or please visit:  
[www.ntfccommunity.co.uk/skills-centres](http://www.ntfccommunity.co.uk/skills-centres)





NORTHAMPTON TOWN F.C.


**COMMUNITY**



**FEBRUARY 2024**

# FOOTBALL HOLIDAY

## COURSES




DECATHLON

Course Venue	Dates	Ages	Times	Cost
<b>Girls' Soccer Schools Goals</b>	Tuesday 20th Feb	7-13	9:00am to 3:30pm	<b>£22</b> per day
Abbeyfield School, Mereway, N'pton, NN4 8BT (on astroturf)	Wednesday 21st Feb and Thursday 22nd Feb			

**Limited Spaces Available, Book Your Place Today!**

**Book Online:**

[www.ntfcccommunity.co.uk/bookings](http://www.ntfcccommunity.co.uk/bookings)



NORTHAMPTON TOWN I'M **#PROUDTOBE**

Telephone: 01604 683726  
Email: [community@ntfc.co.uk](mailto:community@ntfc.co.uk)



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**FEBRUARY 2024**

# FOOTBALL HOLIDAY

## COURSES



DECATHLON

Course Venue	Dates	Ages	Times	Cost
<b>Soccer Schools Goals</b>	Monday 19th Feb to Friday 23rd Feb	5-13	9:00am to 3:30pm	<b>£22</b> per day
Abbeyfield School, Mereway, N'pton, NN4 8BT (on astroturf)				

Course Venue	Dates	Ages	Times	Cost
<b>Pan-Disability Soccer Schools Goals</b>	Tuesday 20th Feb and Thursday 22nd Feb	6-17	10:00am to 2:00pm	<b>£10</b> per day
Abbeyfield School, Mereway, N'pton, NN4 8BT (on astroturf)				

**Limited Spaces Available, Book Your Place Today!**

**Book Online:**

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**COMMUNITY**



**FEBRUARY 2024**

# FOOTBALL HOLIDAY

## COURSES



DECATHLON

Course Venue	Dates	Ages	Times	Cost
<b>Goalkeeper Soccer Schools Goals</b>	Monday 19th Feb and Friday 23rd Feb	7-13	9:00am to 3:30pm	<b>£22</b> per day
Abbeyfield School, Mereway, N'pton, NN4 8BT (on astroturf)				

**Limited Spaces Available, Book Your Place Today!**

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ELITE FOOTBALL COACHING





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COMPETE AGAINST TOP-TIER PLAYERS, PUTTING YOUR SKILLS TO THE TEST. OUR HIGH-INTENSITY CAMPS PUSH YOUR LIMITS, TRANSFORMING YOUR SKILLS ON THE PITCH. OUR ELITE COACHES PROVIDE INSIGHTS TAILORED TO ELEVATE YOUR GAME.

**WEDNESDAY, 21ST  
FEBRUARY 2024**

**THOMAS BECKETT 3G,  
NN3 6HT**

**9AM - 3PM | AGES 6 - 14**

**UNLOCK YOUR POTENTIAL**

[www.elitefootballcoaching.org](http://www.elitefootballcoaching.org)





# Football Fun Factory

## Football Fun and Development Ages 5-12

**Tuesdays (Higham Ferrers)**  
 Ferrers School: 5:30-6:30pm  
**Wednesdays (Wellingborough)**  
 Wrenn School: 5:00-6:00pm  
**Fridays (Raunds)**  
 Manor School: 5:45-6:45pm





## Tots Football Fun Ages 2-5

**Saturdays (Wellingborough)**  
 Sir Christopher Hatton Academy  
 10:00am - 10:45am  
 Sir Christopher Hatton Academy  
 10:45am - 11:30am



**Register For a 3 week Free trial**  
[www.thefootballfunfactory.co.uk](http://www.thefootballfunfactory.co.uk)

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INDIVIDUAL ATTENTION FROM OUR ELITE COACHES  
 POSITION-SPECIFIC ENHANCEMENT  
 HIGH-INTENSITY TRAINING  
 HOLISTIC PLAYER DEVELOPMENT

**TUESDAY**  
**FEBRUARY 20TH, 2024**

**9AM - 3PM**  
**AGES 6 - 14**

**THOMAS BECKETT 3G,**  
**NN3 6HT**

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[www.elitefootballcoaching.org](http://www.elitefootballcoaching.org)